

The “Being You” development programme



A summary for managers...

This document has been prepared for you by T2 Training and describes our Being You personal development seminar programme which your team member is interested in attending and for which they'd like some financial contribution from you. We think it's a great win-win for you both.

What is it?

The Being You programme has been designed by T2 Training for busy, smart people who aspire to be the best they can be – both for themselves and the businesses they work in.

Comprising 3 separate modules, the programme aims to help delegates achieve their potential by reminding them about what makes them unique and helping them build on their existing resources and skills. The programme will give them the know-how, skills and confidence to see possibilities and recognise opportunities.

Ongoing learning is encouraged with delegates receiving tips, techniques and reminders of the content via email for 6 months after completion of the third module.

What's in it for you?

When you're managing a team, with the best will in the world it can sometimes be difficult to give individuals the time and expertise they need to achieve their full potential. Time is precious, budgets are squeezed – and personal development can take a back seat to ensuring your business succeeds. However that can prove to be a Catch 22 situation because in order to excel, your business needs your people to understand and be working to their full potential.

The Being You programme from T2 can help you by helping your team to help themselves.

What's in it for them?

The programme has been designed to encourage delegates to:

- Clarify personal goals for future development
- Develop self-confidence & personal effectiveness for the future
- Discover methods of maintaining progress and personal growth

What's the investment?

Time: All the training seminars are held on either weekday evenings or weekends – so the initial investment in time is given by your team member.

£££: £100.00 per module, per delegate. Attendance on the complete programme of 3 modules is £300.00 per delegate. (This equates to £20.00 per hour – amazing value for the quality of training received).

How does it work?

Each of the 3 modules – Stock-Take, Impact & Momentum – is standalone and can be attended in any sequence. But, to maximise the learning and your investment we recommend all 3 be taken in the sequence shown below.

The Being You seminar programme

Helping you make the best of being you

Module 1: STOCK-TAKE

The story so far...

Life at work in the 21st Century
Taking stock-take of your life @ work
Values, resources & skills
Roles in your life
The balancing act
Key learning points & actions

Module 2: IMPACT

Being the best...

Impact, presence & influence
Understanding your communication style
Brand YOU
Raising your profile
Thriving on change
Key learning points & actions

Module 3: MOMENTUM

Keeping it going...

Attitudes and behaviours
Maintaining a positive focus
Recognising your triggers
Creativity in your approach
Keeping the momentum going
Key learning points & actions

Duration:

15 hours of learning over 3 consecutive Saturdays (09.30 – 15.30) or split between 6 weekday evenings in London, across 3 weeks (17.30 – 20.00).

A 1:1 coaching session is also available following the third module. This could be used to support individuals in their personal goal setting and action planning.
Investment: £100.00.

What next?

Simply give your team member the “Yes” they want and leave the rest to us.

For more information about the programme please visit our website www.t2training.co.uk or contact Sandra Parker on 0845 206 8614 or sparker@t2training.co.uk

P.S. When you have the time, why not come on the programme yourself?